# Supporting pupils with medical conditions Policy



Wisdom for life

**Level of Delegation:** Trustees **Approval date:** 17/10/2022

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Based on:

This policy is based on The Key model policy (July 2021) with additional material

from St Nicolas & St Mary's original policy

#### **CONTENTS**

1.	Aims	2
2.	Legislation and statutory responsibilities	3
3.		
	3.1. 3.1 The board of trustees and local governing body (LGB)	3
	3.2. 3.2 The CEO and headteacher	3
	3.3. Staff	3
	3.4. Parents	3
	3.5. Pupils	4
	3.6. School nurses and other healthcare professionals	4
4.	Equal opportunities	4
5.		4
6.	Individual healthcare plans	4
7.		
	7.1. Prescription Medicines	6
	7.2. Non-prescription Medicines	6
	7.3. Short term ad-hoc non-prescribed medication	7
	7.4. Pain relief protocol for the administration of paracetamol	7

7.	7.5. Educational Visits (Off-site one day)	8
7.	7.6. Storage and Access to Medicines	8
7.	7.7. Waste medication	8
7.	7.8. Spillages	9
7.	7.9. Residential Visits (overnight stays)	9
7.	7.10. Risk assessing medicines management on all off site visits	9
7.	7.11. Controlled drugs	9
7.	7.12. Pupils managing their own needs	10
7.	7.13. Unacceptable practice	10
8.	Medical conditions	11
8.	8.1. Asthma	11
8.	8.2. Anaphylaxis	11
8.	8.3. Mild Allergic Reaction	11
8.	8.4. Hay fever	11
8.	8.5. Severe Allergic Reaction	11
9.	Emergency procedures	11
10.	Training	12
11.	Record keeping	13
11	11.1. Recording Errors and Incidents	13
12.	Confidentiality	13
13.	Liability and indemnity	13
14.	Complaints	13
15.	Monitoring arrangements	13
16.	Links to other policies	13

#### 1. Aims

This policy aims to ensure that:

- Pupils, staff and parents understand how our school will support pupils with medical conditions.
- Pupils with medical conditions are properly supported to allow them to access the same education as other pupils, including school trips and sporting activities.

The local governing policy will implement this policy by:

- Making sure sufficient staff are suitably trained.
- Making staff aware of pupils' conditions, where appropriate.
- Making sure there are cover arrangements to ensure someone is always available to support pupils with medical conditions.
- Providing supply teachers with appropriate information about the policy and relevant pupils.
- Developing and monitoring individual healthcare plans (IHPs).

#### The named person with responsibility for implementing this policy is the Headteacher:

• St Nicolas & St Mary's CE Primary School – Andrew Lincoln

#### 2. Legislation and statutory responsibilities

This policy meets the requirements under <u>Section 100 of the Children and Families Act 2014</u>, which places a duty on governing boards to make arrangements for supporting pupils at their school with medical conditions.

It is also based on the Department for Education's statutory guidance on <u>supporting pupils with medical conditions at school</u>.

This policy also complies with our funding agreement and articles of association.

#### 3. Roles and responsibilities

#### 3.1. The board of trustees and local governing body (LGB)

The board of trustees has ultimate responsibility to make arrangements to support pupils with medical conditions. The board sets the overall policy but delegates to the Local Governing Body the responsibility to ensure that it is implemented. The governing board will ensure that sufficient staff have received suitable training and are competent before they are responsible for supporting children with medical conditions.

#### 3.2. The CEO and headteacher

The CEO will:

- Make sure that the headteacher is aware of this policy and understand their role in its implementation, providing support where needed.
- Monitor its implementation.
- Review the policy periodically.

The headteacher will:

- Make sure all staff are aware of this policy and understand their role in its implementation.
- Ensure that there is a sufficient number of trained staff available to implement this policy and deliver against all individual healthcare plans (IHPs), including in contingency and emergency situations.
- Ensure that all staff who need to know are aware of a child's condition.
- Take overall responsibility for the development of IHPs.
- Make sure that school staff are appropriately insured and aware that they are insured to support pupils in this way.
- Contact the school nursing service in the case of any pupil who has a medical condition that may require support at school, but who has not yet been brought to the attention of the school nurse.
- Ensure that systems are in place for obtaining information about a child's medical needs and that this information is kept up to date.

#### **3.3. Staff**

Supporting pupils with medical conditions during school hours is not the sole responsibility of one person. Any member of staff may be asked to provide support to pupils with medical conditions, although they will not be required to do so. This includes the administration of medicines.

Those staff who take on the responsibility to support pupils with medical conditions will receive sufficient and suitable training, and will achieve the necessary level of competency before doing so.

Teachers will take into account the needs of pupils with medical conditions that they teach. All staff will know what to do and respond accordingly when they become aware that a pupil with a medical condition needs help.

#### 3.4. Parents

Parents will:

• Provide the school with sufficient and up-to-date information about their child's medical needs.

- Be involved in the development and review of their child's IHP and may be involved in its drafting.
- Carry out any action they have agreed to as part of the implementation of the IHP, e.g. provide medicines and equipment, and ensure they or another nominated adult are contactable at all times.

#### 3.5. Pupils

Pupils with medical conditions will often be best placed to provide information about how their condition affects them. Pupils should be fully involved in discussions about their medical support needs and contribute as much as possible to the development of their IHPs. They are also expected to comply with their IHPs.

#### 3.6. School nurses and other healthcare professionals

Our school nursing service will notify the school when a pupil has been identified as having a medical condition that will require support in school. This will be before the pupil starts school, wherever possible. They may also support staff to implement a child's IHP.

Healthcare professionals, such as GPs and paediatricians, will liaise with the school's nurses and notify them of any pupils identified as having a medical condition. They may also provide advice on developing IHPs.

#### 4. Equal opportunities

Our school is clear about the need to actively support pupils with medical conditions to participate in school trips and visits, or in sporting activities, and not prevent them from doing so.

The school will consider what reasonable adjustments need to be made to enable these pupils to participate fully and safely on school trips, visits and sporting activities.

Risk assessments will be carried out so that planning arrangements take account of any steps needed to ensure that pupils with medical conditions are included. In doing so, pupils, their parents and any relevant healthcare professionals will be consulted.

#### 5. Being notified that a child has a medical condition

When the school is notified that a pupil has a medical condition, the process outlined below will be followed to decide whether the pupil requires an IHP.

The school will make every effort to ensure that arrangements are put into place within 2 weeks, or by the beginning of the relevant term for pupils who are new to our school.

When the school is notified of the admission of a pupil with medical needs the school Lead for Managing Medicines will seek parental consent to administer short term-ad-hoc non-prescriptions medication using 'Template B: Parent/guardian consent to administer short-term non-prescribed 'ad-hoc' medicines'. An assessment of the pupil's medical needs will be completed this might include the development of an Individual Health Care Plans (IHP) or Education Health Care Plans (EHC) and additional staff training. The school will endeavour to put arrangements in place to support that pupil as quickly as possible. However the school may decide (based on risk assessment) to delay the admission of a pupil until sufficient arrangements can be put in place.

See Appendix 1.

#### 6. Individual healthcare plans

The headteacher has overall responsibility for the development of IHPs for pupils with medical conditions. This has been delegated to:

• St Nicolas & St Mary's CE Primary School – Hannah Wing (Deputy Headteacher)

Plans will be reviewed at least annually, or earlier if there is evidence that the pupil's needs have changed.

Plans will be developed with the pupil's best interests in mind and will set out:

- What needs to be done
- When
- By whom

Not all pupils with a medical condition will require an IHP. It will be agreed with a healthcare professional and the parents when an IHP would be inappropriate or disproportionate. This will be based on evidence. If there is no consensus, the headteacher will make the final decision.

Plans will be drawn up in partnership with the school, parents and a relevant healthcare professional, such as the school nurse, specialist or paediatrician, who can best advise on the pupil's specific needs. The pupil will be involved wherever appropriate.

IHPs will be linked to, or become part of, any education, health and care (EHC) plan. If a pupil has SEN but does not have an EHC plan, the SEN will be mentioned in the IHP.

The level of detail in the plan will depend on the complexity of the child's condition and how much support is needed. The Local Governing Body and the headteacher (or person with responsibility for developing IHPs), will consider the following when deciding what information to record on IHPs:

- The medical condition, its triggers, signs, symptoms and treatments.
- The pupil's resulting needs, including medication (dose, side effects and storage) and other treatments, time, facilities, equipment, testing, access to food and drink where this is used to manage their condition, dietary requirements and environmental issues, e.g. crowded corridors, travel time between lessons.
- Specific support for the pupil's educational, social and emotional needs. For example, how absences will be managed, requirements for extra time to complete exams, use of rest periods or additional support in catching up with lessons, counselling sessions.
- The level of support needed, including in emergencies. If a pupil is self-managing their medication, this will be clearly stated with appropriate arrangements for monitoring.
- Who will provide this support, their training needs, expectations of their role and confirmation of proficiency to provide support for the pupil's medical condition from a healthcare professional, and cover arrangements for when they are unavailable.
- Who in the school needs to be aware of the pupil's condition and the support required.
- Arrangements for written permission from parents and the headteacher for medication to be administered by a member of staff, or self-administered by the pupil during school hours.
- Separate arrangements or procedures required for school trips or other school activities outside of the normal school timetable that will ensure the pupil can participate, e.g. risk assessments.
- Where confidentiality issues are raised by the parent/pupil, the designated individuals to be entrusted with information about the pupil's condition.
- What to do in an emergency, including who to contact, and contingency arrangements.

#### 7. Managing medicines

Parents may call into the school and administer medicine to their child, or they may request that a member of school staff administers the medicine. If a pupil refuses their medication, they should not be forced, the school will contact the parent/guardian and if necessary the emergency services. Pupils should not bring any medication to school (or school trip) for self-administration.

The school will keep a small stock of paracetamol and antihistamine, for administration with parental consent (template B or gained at the time of administration) for symptoms that arise during the school day. All other medication must be supplied by the parent/guardian in the original pharmacist's container clearly labelled and include details of possible side effects e.g. manufacturer's instructions and/or patient information leaflet (PIL). Medicines must be delivered to the school office with the appropriate consent form Template C and/or C1 (Appendix 2). The school will inform the parent/guardian of the time and dose of any medication administered at the end of each day by text.

Parental/guardian consent to administer medication will be required as follows:

- Short term ad-hoc non-prescribed medication The school will request parent/guardian consent to administer ad-hoc non-prescription medication by either using Template B (Appendix 2) when the pupil joins the school OR by contacting the parent/guardian to gain consent at the time of administration (conversations will be recorded). The school will send annual reminders requesting parents/guardians to inform the school if there are changes to consent gained when the pupil joins the school. If the school is not informed of any changes by the parent/guardian it will be assumed that consent remains current.
- **Prescribed and non-prescribed medication** each request to administer medication must be accompanied by 'Parental consent to administer medication form (Appendix 2 Template C and/or C1) or if applicable on the IHP).

Prescription and non-prescription medicines will only be administered at school:

- When it would be detrimental to the pupil's health or school attendance not to do so and
- Where we have parents' written consent.

## The only exception to this is where the medicine has been prescribed to the pupil without the knowledge of the parents.

Pupils under 16 will not be given medicine containing aspirin unless prescribed by a doctor.

Anyone giving a pupil any medication (for example, for pain relief) will first check maximum dosages and when the previous dosage was taken. Parents will always be informed.

The school will only accept prescribed medicines that are:

- In-date
- Labelled
- Provided in the original container, as dispensed by the pharmacist, and include instructions for administration, dosage and storage.

The school will accept insulin that is inside an insulin pen or pump rather than its original container, but it must be in date.

All medicines will be stored safely. Pupils will be informed about where their medicines are at all times and be able to access them immediately. Medicines and devices such as asthma inhalers, blood glucose testing meters and adrenaline pens will always be readily available to pupils and not locked away.

Medicines will be returned to parents to arrange for safe disposal when no longer required.

#### 7.1. Prescription Medicines

Medicine should only be brought to school when it is essential to administer it during the school day. In the vast majority of cases, doses of medicine can be arranged around the school day thus avoiding the need for medicine in school. Antibiotics for example are usually taken three times a day, so can be given with breakfast, on getting home from school and then at bedtime. Administration will be recorded using Template D or E and the parent/guardian informed. Parents/guardians are expected to remove any remaining medicine from school once the prescribed course has been completed.

#### 7.2. Non-prescription Medicines

Under exceptional circumstances where it is deemed that their administration is required to allow the pupil to remain in school the school will administer non-prescription medicines. The school will not administer alternative treatments i.e. homeopathic or herbal potions, pills or tinctures or nutrition supplements unless prescribed or recommended by a Doctor and detailed on an IHP or EHC as part of a wider treatment protocol. As recommended by the Government in Supporting Pupils at School with Medical Conditions December 2015 the school will also not administer aspirin unless prescribed. The storage and administration for non-prescription medication will be treated as prescription medicines.

If the relevant symptoms develop during the school day as detailed under the paragraph 'short term ad-hoc non-prescribed medication' the school will administer the following non-prescription medications:

- paracetamol (to pupils of all ages)
- antihistamine

All other non-prescription medications will only be administered by staff, providing:

- The parent/guardian confirms daily the time the medication was last administered and this is recorded on Template C1 (Appendix 2);.
- medication is licensed as suitable for the pupil's age;
- *medication is suitable for the pupil i.e. if a child is asthmatic the medication is suitable for that condition;*
- *administration is required more than 3 to 4 times per day;*
- medication is supplied by the parent or guardian in the original packaging with the manufacturer's instructions and/or (PIL);
- and accompanied by parental/guardian consent Template C and C1 (Appendix 2) and confirmation the medication has been administered previously without adverse effect.

The school will NOT administer non-prescription medication:

- As a preventative, i.e. in case the pupil develops symptoms during the school day.
- If the pupil is taking other prescribed or non-prescribed medication, i.e. only one non-prescription medication will be administered at a time.
- Any requirement for a non-prescription medication to be administered during school hours for longer than 48 hours must be accompanied by a Doctor's note. In the absence of a Doctor's note and if following the administration of a non-prescription medication symptoms have not begun to lessen in the first 48 hours the school will advise the parent to contact their Doctor. If symptoms have begun to alleviate, the medication can continue to be administered at home out of school hours. Under very exceptional circumstances where the continued administration of a non-prescribed medication is required to keep the pupil in school and this requirement has not been documented by a medical professional the school will continue to administer medication at their own discretion.
- A request to administer the same or a different non-prescription medication that is for the same/initial condition will not be repeated for 2 weeks after the initial episode; and not for more than 2 episodes per term it will be assumed that the prolonged expression of symptoms requires medical intervention, and parents/guardians will be advised to contact their Doctor.
- Skin creams and lotions will only be administered in accordance with the Schools Intimate Care Policy and procedures.
- Medication that is sucked i.e. coughs sweets or lozenges, will not be administered by the school.
- If parents/guardians have forgotten to administer non-prescription medication that is required before school requests to administer will be at the discretion of the school and considered on an individual basis.

#### 7.3. Short term ad-hoc non-prescribed medication

A small stock of standard paracetamol and antihistamine will be kept by the school for administration if symptoms develop during the school day.

ONLY the following will be administered following the necessary procedures:

- For mild allergic reaction anti-histamine (see Anaphylaxis).
- For travel sickness medication will be administered if required before educational visits and must be age appropriate and supplied by the parent/guardian in its original packaging with the PIL if available.

Only 1 dose of any of the above medications suitable to the weight and age of the pupil will be administered during the school day.

#### 7.4. Pain relief protocol for the administration of paracetamol

If a request for non-prescribed pain relief is made by a pupil or carer/staff (advocate for a non-verbal/non-communicating pupil) before 12pm:

- The school will contact the parent/guardian and confirm that a dose of pain relief was NOT administered before school, parents/guardians and if appropriate the pupil will also be asked if they have taken any other medication containing pain relief medication i.e. decongestants e.g. Sudafed, cold and flu remedies e.g. Lemsip and medication for cramps e.g. Feminax etc. and these conversations will be recorded. If a dose of pain relief has not been administered in the past 4 hours the school will with parental consent administer 1 dose.
- If the school cannot contact the parent/guardian and therefore cannot confirm if pain relief (Paracetamol) was administered before school then the school will refuse to administer pain relief.

If a dose of pain relief has been administered before school:

• PARACETAMOL - The school will not administer paracetamol until 4 hours have elapsed since the last dose (assume 8am), no more than 4 doses can be administered in 24 hours.

If a request for pain relief is made after 12pm:

 The school will assume the recommended time between doses has elapsed and will with parental consent, administer 1 standard dose of PARACETAMOL without any need to confirm with the parent/guardian if a dose was administered before school, but if appropriate the pupil will still be asked if they have taken any other medication containing pain relief medication and this conversation will be recorded.

The school will inform the parent/guardian if pain relief has been administered this will include the type of pain relief and time of administration.

NOTE: The school will not administer ibuprofen as this is only permitted to be given to pupils age 12 and over.

#### 7.5. Educational Visits (Off-site one day)

Staff will administer prescription medicines to pupils when required during educational visits. Parents should ensure they complete a consent form (Appendix 2 Template C) and supply a sufficient amount of medication in its pharmacist's container. Non-prescription medicines as detailed in this policy can be administered by staff, pupils must not carry non-prescription medication for self-administration.

All staff will be briefed about any emergency procedures needed with reference to pupils where needs are known and copies of care plans will be taken by the responsible person.

#### 7.6. Storage and Access to Medicines

All medicines apart from emergency medicines (inhalers, adrenaline auto injector, midazolam etc) will be kept securely (where access by pupils is restricted). Medicines are always stored in the original pharmacist's container. Pupils are told where their medication is stored and who holds the key and staff will be fully briefed on the procedures for obtaining their medication.

Emergency medicines such as inhalers, adrenaline auto injectors and midazolam must not be locked away. If appropriate, certain emergency medication can be held by the pupil or kept in a clearly identified container in the classroom or medical room. The school will make an assessment as to the competency of each individual pupil to carry their own medication. Parents will be asked to supply a second adrenaline auto injector and/or asthma inhaler for each child and they will be kept in the school office. Staff must ensure that emergency medication is readily available at all times i.e. during outside PE lessons, educational visits and in the event of an unforeseen emergency like a fire.

Medicines that require refrigeration are kept in the medical room fridge, to which pupil access is restricted, and will be clearly labelled in an airtight container. There are specific arrangements in place for the storage of controlled drugs see page 7. All medicines are returned to parents at the end of each term so that they can check medicine remaining, clean spacers, check expiry dates etc.

#### 7.7. Waste medication

Where possible staff should take care to prepare medication correctly. If too much medication is drawn into a syringe the remainder (amount above the required dose) should be returned to the bottle before administration. If only a half tablet is administered the remainder should be returned to the bottle or packaging for future administration.

If a course of medication has been completed or medication is date expired it will be returned to the parent/guardian for disposal.

#### 7.8. Spillages

A spill must be dealt with as quickly as possible and staff are obliged to take responsibility/follow the guidelines. Spillages will be cleared up following the schools procedures and considering the control of infection. Any spilled medication will be deemed unsuitable for administration and if necessary parents will be asked to provide additional medication.

The school has additional procedures in place for the management of bodily fluids. Whenever small amounts of body fluids have to be cleaned up, disposable plastic gloves should be worn and disposable paper towels and a detergent solution should be used to absorb and clean surfaces. These items should be disposed of in black plastic bin bags, tied up and placed directly into waste bins with other inert waste.

Human hygiene waste that is produced in places like schools and offices is generally assumed not to be clinical waste because the risk of infection is no greater than for domestic waste. However, this will be verified in a risk assessment on a case-by-case basis.

If the school holds any cytotoxic drugs, there management will be separately risk assessed and follow Health and Safety Executive (HSE) guidance.

#### 7.9. Residential Visits (overnight stays)

The school acknowledges the common law 'duty of care' to act like any prudent parent. This extends to the administration of medicines and taking action in an emergency, according to the care plan.

Occasionally it may be necessary to administer non-prescription medicines as described in this policy i.e. antihistamine to pupils suffering from an allergic reaction or paracetamol for acute pain from things like headache, period pain, toothache etc. Parents must give written consent prior to the residential visit and sign to confirm that they have administered the medication without adverse effect.

The school will keep its own supply of the following non-prescription medication – paracetamol and anti-histamine for administration to pupils during a residential visit and parental consent will be required in order for the school to administer their supply (Appendix 2 Template C and C1). The medication will be stored and administration recorded as for prescription medicines. Pupils should not bring non-prescribed medication on the residential visit for self-administration.

#### 7.10. Risk assessing medicines management on all off site visits

Pupils with medical needs shall be included in visits as far as this is reasonably practicable. School staff will discuss any issues with parents and/or health professionals so that extra measures (if appropriate) can be put in place. A copy of the pupils IHP or EHP will be taken on the visit and detail arrangements relating to the management of their medication(s) during the visit should be included in the plan.

If a pupil requires prescribed or non-prescribed medication during visit and an IHP or EHP has not been developed and the management of their medication differs from procedures followed whilst in school, the school will conduct a risk assessment and record their findings.

Travelling abroad – a risk assessment will be developed considering parental and medical advice and documented on the pupils IHP or EHP. If an IHP or EHP has not been developed, the school will record their findings. Best practice would be to translate these documents to the language of the country being visited. The international emergency number should be on the care plan (112 is the EU number). European Health Insurance Cards (EHIC) should be applied for by parents and supplied to the school prior to travel for all pupils that travel abroad.

The results of risk assessments however they are recorded i.e. IHP, EHP etc. will be communicated to the relevant staff and records kept of this communication.

#### 7.11. Controlled drugs

<u>Controlled drugs</u> are prescription medicines that are controlled under the <u>Misuse of Drugs Regulations 2001</u> and subsequent amendments, such as morphine or methadone.

A pupil who has been prescribed a controlled drug may have it in their possession if they are competent to do so, but they must not pass it to another pupil to use. All other controlled drugs are kept in a secure cupboard in the school office and only named staff have access.

Controlled drugs will be easily accessible in an emergency and a record of any doses used and the amount held will be kept.

The school does not deem a pupil prescribed a controlled drug (as defined by the Misuse of Drugs Act 1971) as competent to carry the medication themselves. Controlled drugs will be stored securely in a non-portable container and only named staff will have access. Controlled drugs for emergency use e.g. midazolam will not be locked away and will be easily accessible. The administration of a controlled drug will be witnessed by a second member of staff and records kept. In addition to the records required for the administration of any medication, a record will be kept of any doses used and the amount of controlled drug held in school (Appendix 2 Templates D and E).

#### 7.12. Pupils managing their own needs

Pupils who are competent will be encouraged to take responsibility for managing their own medicines and procedures. This will be discussed with parents and it will be reflected in their IHPs.

Pupils will be allowed to carry their own medicines and relevant devices wherever possible. Staff will not force a pupil to take a medicine or carry out a necessary procedure if they refuse, but will follow the procedure agreed in the IHP and inform parents so that an alternative option can be considered, if necessary.

#### 7.13. Unacceptable practice

School staff should use their discretion and judge each case individually with reference to the pupil's IHP, but it is generally not acceptable to:

- Prevent pupils from easily accessing their inhalers and medication, and administering their medication when and where necessary.
- Assume that every pupil with the same condition requires the same treatment.
- Ignore the views of the pupil or their parents.
- Ignore medical evidence or opinion (although this may be challenged).
- Send children with medical conditions home frequently for reasons associated with their medical condition or prevent them from staying for normal school activities, including lunch, unless this is specified in their IHPs.
- If the pupil becomes ill, send them to the school office or medical room unaccompanied or with someone unsuitable.
- Penalise pupils for their attendance record if their absences are related to their medical condition, e.g. hospital
  appointments.
- Prevent pupils from drinking, eating or taking toilet or other breaks whenever they need to in order to manage their medical condition effectively.
- Require parents, or otherwise make them feel obliged, to attend school to administer medication or provide
  medical support to their pupil, including with toileting issues. No parent should have to give up working because
  the school is failing to support their child's medical needs.
- Prevent pupils from participating, or create unnecessary barriers to pupils participating in any aspect of school life, including school trips, e.g. by requiring parents to accompany their child.
- Administer, or ask pupils to administer, medicine in school toilets.
- Pupils taking their own medication.
- For certain long-term medical conditions, it is important for children to learn how to self-administer their medication. Appropriate arrangements for medication should be agreed and documented in the pupil's IHP or EHC and parents should complete the self-administration section of 'Parental consent to administer medication' form (Template C Appendix 1).

#### 8. Medical conditions

This is not an exhaustive list, but some of the more common conditions requiring treatment:

#### 8.1. Asthma

The school recognises that pupils with asthma need access to relief medication at all times. The school will manage asthma in school as outlined in the Asthma Toolkit. Pupils with asthma will be required to have an emergency inhaler and a spacer (if prescribed) in school. The school may ask the pupils parent or guardian to provide a second inhaler. Parents are responsible for this medication being in date and the school will communicate with the parents if new medication is required, and a record of these communications will be kept. The school inhaler will only be used in an emergency and will always be used with a spacer as outlined in the Asthma Toolkit. The school will develop IHP's for those pupils with severe asthma, and complete the Individual Protocol for pupils with mild asthma.

#### 8.2. Anaphylaxis

Every effort will be made by the school to identify and reduce the potential hazards/ triggers that can cause an allergic reaction to pupils diagnosed with anaphylaxis within the school population. The school complies with the School Nursing Service recommend that all staff are trained in the administration of auto injectors and that training is renewed annually.

In accordance with the Medicines and Healthcare Products Regulatory Agency (MHRA) advice the school will ask parent/ guardian(s) to provide 2 auto-injectors for school use. Parents are responsible for this medication being in date and the school will communicate with the parents if new medication is required and a record of these communications will be kept.

#### 8.3. Mild Allergic Reaction

Non-prescription antihistamine will be administered for symptoms of a mild allergic reaction (i.e. itchy eyes or skin, rash or/and redness of the skin or eyes), the pupil must be monitored for signs of further allergic reaction. If antihistamine is not part of an initial treatment plan, anaphylaxis medication will be administered following the guidance for short term ad-hoc non-prescribed medication.

Some antihistamine medication can cause drowsiness and therefore the school will consider if it is necessary for pupils to avoid any contact hazardous equipment after administration of the medication i.e. P.E. Science, Design and Technology.

#### 8.4. Hay fever

Parent(s)/guardian(s) will be expected to administer a dose of antihistamine before school, for the treatment of hay fever. The school will only administer antihistamine for symptoms of allergic reaction and not as a precautionary measure.

#### 8.5. Severe Allergic Reaction

Where a GP/Consultant has recommended or prescribed antihistamine as an initial treatment for symptoms of allergic reaction this will be detailed on the pupils IHP. The school will administer 1 standard dose of antihistamine (appropriate to age and weight of the pupil) and it is very important that symptoms are monitored for signs of further allergic reaction. During this time pupils must NEVER be left alone and should be observed at all times.

If symptoms develop or there are any signs of anaphylaxis or if there is any doubt regarding symptoms then if the pupil has been prescribed an adrenaline auto injector it will be administered without delay, an ambulance called and the parents informed.

#### 9. Emergency procedures

Staff will follow the school's normal emergency procedures (for example, calling 999).

If a pupil needs to be taken to hospital, staff will stay with the pupil until the parent arrives, or accompany the pupil to hospital by ambulance.

In a medical emergency, first aid is given, an ambulance is called and parents/carers are notified. Should an emergency situation occur to a pupil who has an IHP or EHC, the emergency procedures detailed in the plan are followed, and a copy of the IHP or EHC is given to the ambulance crew. If applicable the pupil's emergency medication will be administered by trained school staff, if the pupils medication isn't available staff will administer the schools emergency medication with prior parental consent.

In accordance with amendments made to the Human Medicines Regulations 2012 from October 2014 a sufficient number of salbutamol inhaler(s) spacer(s) will be held by the school to cover emergency use. Parents are expected to provide 2 in date auto-injectors for administration to their child, if the school does not hold 2 in date auto-injectors for each pupil then a suitable number of auto-injectors will be purchased for use by the school in an emergency.

Parental consent to administer the 'school inhaler and/or auto-injector' will be gained when the pupil joins the school using Template 2 for asthmatics and Templates 3, 4, 5 and 6 for anaphylaxis (Appendix 1). The school will hold a register of the pupils diagnosed with asthma and/or anaphylaxis, and if parental consent has been given to administer the school medication. The school will be responsible for ensuring the school medication remains in date.

Instructions for calling an ambulance are displayed prominently by all telephones. (Appendix 2 Template G)

IHPs will also be given to those companies and staff providing transportation of pupils to and from school, in order that the IHP can be passed to the ambulance crew in the event of an emergency

#### 10.Training

Staff who are responsible for supporting pupils with medical needs will receive suitable and sufficient training to do so.

The training will be identified during the development or review of IHPs. Staff who provide support to pupils with medical conditions will be included in meetings where this is discussed.

The relevant healthcare professionals will lead on identifying the type and level of training required and will agree this with the headteacher or person with responsibility. Training will be kept up to date.

#### Training will:

- Be sufficient to ensure that staff are competent and have confidence in their ability to support the pupils
- Fulfil the requirements in the IHPs
- Help staff to have an understanding of the specific medical conditions they are being asked to deal with, their implications and preventative measures

Healthcare professionals will provide confirmation of the proficiency of staff in a medical procedure, or in providing medication.

All staff will receive training so that they are aware of this policy and understand their role in implementing it, for example, with preventative and emergency measures so they can recognise and act quickly when a problem occurs. This will be provided for new staff during their induction.

The school will ensure a sufficient number of staff complete the Managing Medicines in Schools training before they administer medication to pupils. The school will also ensure that other staff who may occasionally need to administer a medicine are trained in the procedure adopted by the school by the person who has completed the Managing Medicines course. Staff given instruction by the Lead for Medicines MUST complete a competency test and achieve a score of 100% in order to administer medication.

Supply and locum staff will be given appropriate instruction and guidance in order to support the pupils with medical needs in their care. School staff are trained annually to administer an auto-injector and asthma inhaler in an emergency.

A record of all training must be maintained to show the date of training for each member of staff and when repeat or refresher training is required. See 'Staff training record'

The school will ensure that the staff who administer medicine for specific chronic conditions are trained to administer those specific medicines, for example, Diabetes (insulin) Epilepsy (midazolam). Training in the administration of these specific medicines is arranged via the school nurse.

#### 11. Record keeping

The governing board will ensure that written records are kept of all medicine administered to pupils for as long as these pupils are at the school. Parents will be informed if their pupil has been unwell at school.

This includes medicines administered by staff during all educational or residential visits. The pupil's parent / guardian will also be informed if their child has been unwell during the school day and medication has been administered. For record sheets see Appendix 2 Template D and E.

IHPs are kept in a readily accessible place which all staff are aware of.

#### 11.1. Recording Errors and Incidents

If for whatever reason there is a mistake made in the administration of medication and the pupil is:

- Given the wrong medication
- Given the wrong dose
- Given medication at the wrong time (insufficient intervals between doses)
- Given medication that is out of date
- Or the wrong pupil is given medication

Incidents must reported to the SLT who will immediately inform the pupil's parent/guardian. Local records must include details of what happened, the date, who is responsible and any effect the mistake has caused. Senior Management will investigate the incident and change procedures to prevent reoccurrence if necessary. NB: Incidents that arise from medical conditions that are being well managed by the school do not need to be reported or recorded locally.

#### 12.Confidentiality

As required by the General Data Protection Act 2018, school staff should treat medical information confidentially. Staff will consult with the parent, or the pupil if appropriate, as to who else should have access to records and other information about the pupil's medical needs and this should be recorded on the IHP or EHC. It is expected that staff with contact to a pupil with medical needs will as a minimum be informed of the pupil's condition and know how to respond in a medical emergency.

#### 13.Liability and indemnity

The governing board will ensure that the appropriate level of insurance is in place and appropriately reflects the school's level of risk.

The trust, including its schools, are members of the DfE's Risk Protection Arrangement (RPA). See <a href="https://www.gov.uk/guidance/the-risk-protection-arrangement-rpa-for-schools">https://www.gov.uk/guidance/the-risk-protection-arrangement-rpa-for-schools</a>

#### 14.Complaints

Parents with a complaint about support for their child's medical condition should discuss these directly with the headteacher or another member of the Senior Leadership Team in the first instance. If the headteacher / senior leader cannot resolve the matter, they will direct parents to the trust's complaints procedure - Click here

#### 15.Monitoring arrangements

This policy will be reviewed and approved by the governing board annually.

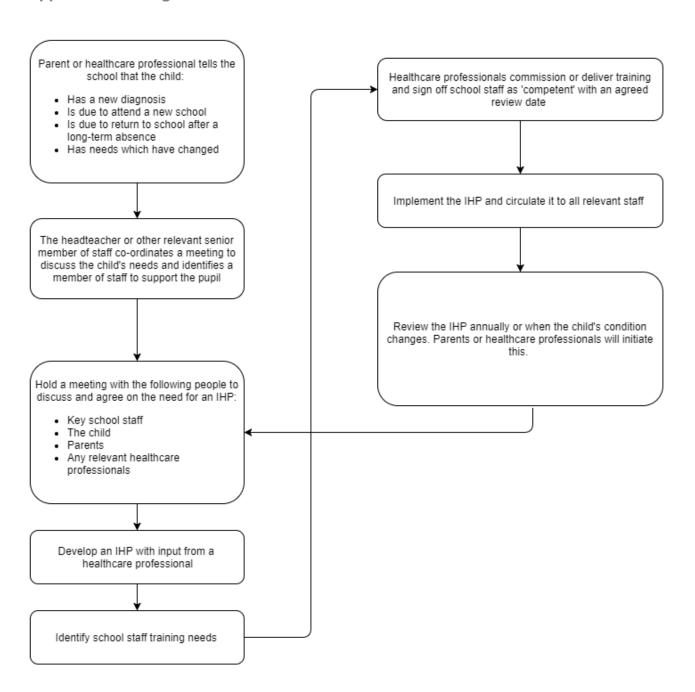
#### 16.Links to other policies

This policy links to the following policies:

• Accessibility plan

- Complaints
- Data Protection
- Equality information and objectives
- First aid
- Health and safety
- Safeguarding
- Special educational needs information report and policy

#### Appendix A: Being notified a child has a medical condition



NOTE – This is likely to be updated (2022)

## West Sussex County Council Care Plan Templates



## Supporting pupils with medical conditions

## September 2017

Contents	page
Model process for developing individual health care plans	3
Template 1 – Individual health care plan (IHCP)	5
Template 2: Individual protocol for Mild Asthma	7
Template 3: Individual protocol for Antihistamine as an initial treatment protocol for mild allergic reaction	9
Template 4 : Individual protocol for an Emerade adrenaline auto injector	11
Template 5 : Individual protocol for an Epipen adrenaline auto injector	13
Template 6 : Individual protocol for a Jext pen adrenaline auto injector	15
Template 7: Model letter inviting parents to contribute to an individual health care plan development	17
Template 8: Example letter to send to parent/guardian who has not provided an indate inhaler or auto injector.	18
Administering Paracetamol Poster	19

#### Model process for developing individual healthcare plans

Parent or healthcare professional informs school that child has been newly diagnosed, or is due to attend new school, or is due to return to school after a long-term absence, or that needs have changed



Headteacher or senior member of school staff to whom this has been delegated, co-ordinates meeting to discuss child's medical support needs; and identifies member of school staff who will provide support to pupil.



Meeting to discuss and agree on need for IHCP to include key school staff, child, parent, relevant healthcare professional and other nedical/health clinician as appropriate (or to consider written evidence provided by them)



Develop IHCP in partnership - agree who leads on writing it Input from healthcare professional must be provided



School staff training needs identified



Healthcare professional commissions/delivers training and staff signed-off as competent - review date agreed



IHCP implemented and circulated to all relevant staff



IHCP reviewed annually or when condition changes. Parent or healthcare professional to initiate

### Template 1: individual healthcare plan (IHCP)

Attach photograph here

Name of school/setting	St Nicolas & St Mary CE Primary School
Child's name	
Group/class/form	
Date of birth	
Child's address	
Medical diagnosis or condition	
Date	
Review date	
Family Contact Information	
Name	
Relationship to child	
Phone no. (work)	
(home)	
(mobile)	
Name	
Relationship to child	
Phone no. (work)	
(home)	
(mobile)	
Clinic/Hospital Contact	
Name	
Phone no.	
G.P.	
Name	
Phone no.	
Who is responsible for providing support in school	

Describe medical needs and give details of ch	nild's symptoms, triggers, signs, treatment	ts, facilities, equipment or devices,	environmental issues etc.
Name of medication, dose, method of adminis supervision	stration, when to be taken, side effects, co	ontra-indications, administered by/s	self-administered with/without
Daily care requirements			
Specific support for the pupil's educational, so	ocial and emotional needs		
Arrangements for school visits/trips etc			
Other information			
Describe what constitutes an emergency, and	the action to take if this occurs		
Who is responsible in an emergency (state if o	different for off-site activities)		
Plan developed with			
Staff training needed/undertaken – who, what	;, when		
The above information is, to the beschool/setting staff administering school/setting immediately, in writemedicine is stopped. I agree that for their care.	medicine in accordance with t ting, if there is any change in o	he school/setting policy. dosage or frequency of th	I will inform the ne medication or if the
Signed by parent or guardian	Print name		
 Date	Review date		
Copies to:			

Template 2: Ind	lividual protoco	ol for Mild Asthr	na			ר		
Please complete the	questions below, sig	n this form and retur	n without delay.					
CHILD'S NAME	Schoo	ol use attach						
D.O.B	O.O.B							
Class								
Contact Information						J		
Name			Relationship to			7		
			pupil					
Phone numbers	Work	Home	Mobile	Other				
If I am unavailable pl	ease contact:		Γ=	1		7		
Name			Relationship to					
Phone numbers	Work	Home	pupil Mobile	Other		_		
1 HOLLC HUILINGIS	<u> </u>			20.		J		
Do they have a spac	er?							
3. What triggers you								
first inhaler runs out replaced before they Please delete as app	is lost or forgotten. In reach their expiry da	nhaler in school. Spar nhalers must be clea te. The school will als aler <u>YES/NO</u>	rly labelled with you	r child's	name and mu	ust be		
My child F	REQUIRES/DOES N	OT REQUIRE a spac	cer and I have provi	ded this t	to the school o	office		
	-	or supplying the schooon as possible. YES		er(s)/spa	cer for school	use		
5. Does your child ne	eed a blue inhaler be	fore doing exercise/F	PE? If so, how many	/ puffs?				
6. Do you give conse	ent for the following to	reatment to be given (delete as appropriate	to your child as reco		 by Asthma			
Give 6 puffs	of the blue inhaler	via a spacer						

- Reassess after 5 minutes
- If the child still feels wheezy or appears to be breathless they should have a further 4 puffs of the blue inhaler via a spacer
- Reassess after 5 minutes
- If their symptoms are not relieved with 10 puffs of blue inhaler then this should be viewed as a serious attack:
- CALL AN AMBULANCE and CALL PARENT

While waiting for an ambulance continue to give 10 puffs of the reliever inhaler every few minutes

Please sign below to confirm you agree the following:

- I agree to ensure that my child has in-date inhalers and a spacer (if prescribed) in school.
- I give consent for the school to administer my child's inhaler in accordance with the emergency treatment detailed above.

•				Date	
am the perso	n with parental respo	onsibility			
lease remem	ber to inform the sch	ool if there are any	changes in	your child's treatr	ment or condition. T
ou		•	-		
Parental Upo	late (only to be comp	oleted if your child no	o longer ha	as asthma)	
My child		no longe	er has asthi	ma and therefore no	longer
	aler in school or on scl	nool visits.	15.		
Signed			Date		
I am the nare	on with norantal room	onoihilitu			
i am the pers	on with parental resp	OUISIDIIITY			
or office use:					
or office use.	Provided by	Location (delete	Expiry	Date of phone	Date of letter
	parent/school	as appropriate)	date	call requesting	(attach copy)
	paronicon	ασ αρριοριιαίο)	date	new inhaler	(dildon oopy)
1st inhaler		With pupil/In			
		classroom			
2 <sup>nd</sup> inhaler		In office/first aid			
Advised		room			
Spacer (if					
required)					

## <u>Template 3 : Individual protocol for Antihistamine as an initial treatment protocol for mild allergic reaction</u>

CHILD'S NAME				11	
D.O.B				ool use attach photo here	
Class					
Nature of Allergy:			<u> </u>		
Nature of Allergy.					
Contact Information					
Name			Relationship	p to	
Phone numbers	Work	Home	pupil Mobile	Other	
If I am unavailable p			Woodie	Other	
Name			Relationship	p to	
Dhono numboro	Work	Home	pupil Mobile	Other	
Phone numbers	WORK	Tiome	WOONE	Other	
<u>GP</u>		Clir	nic/ Hospital Conta	<u>ct</u>	
Name:		Nar	ne:		
Phone No:		Pho	one No:		
Address:		Add	dress:		
<b>MEDICATION</b> - Ant	ihistamine				
		te			
<ul> <li>It is the pare</li> </ul>	ents respons	ibility to ensure the	Antihistamine has	not expired	
Dosage & Method:	Δe nrescribe	d on the container			
Dosage & Method.	As prescribed	d on the container.			
• It is the sch	nale raenanei	ibility to ensure this	care nlan is review	ved and narent	s inform the
		n condition or treat		veu and parent	s iiiiOiiii tiie
	_				
•	•	e			
		tion contained in thi ion, and I give my c			
		or anaphylaxis. I co			
without adverse eff	ect.				
Signed:  I am the person with	parental resp	Print name onsibility		Date	

#### Individual protocol for using Antihistamine (e.g. Piriton)

#### **Symptoms may include:**

- Itchy skin
- Sneezing, itchy eyes, watery eyes, facial swelling (does not include lips/mouth)
- Rash anywhere on body

Inform parent/guardian to collect

.....

from school

#### Stay Calm

Reassure

.....

**Give Antihistamine** 

delegated person responsible to administer antihistamine, as per instructions on prescribed bottle

**Observe patient and monitor** 

aumntama

If symptoms progress and there is any difficulty in swallowing/speaking

/breathing/

cold and clammy

**Dial** 999

A = Airway

**B** = **Breathing** 

C = Circulation

#### If symptoms progress Dial 999 - Telephone for an ambulance

You need to say: "I have a child in anaphylactic shock".

Give school details:

**Give details:** Pupils name has a severe allergy and what has happened.

DO NOT PUT THE PHONE DOWN UNTIL YOU ARE SURE ALL THE NECESSARY INFORMATION HAS BEEN GIVEN

Someone to wait by the school gate to direct the ambulance staff straight to the child.

#### CHILD'S NAME..... School use attach D.O.B. photo here Class ..... Nature of Allergy: Contact Information Name Relationship to pupil Work Home Mobile Other Phone numbers If I am unavailable please contact: Name Relationship to pupil Work Mobile Other Home Phone numbers **GP Clinic/ Hospital Contact** Name: Name: Phone No: Phone No: Address: Address: **MEDICATION** Emerade Name on Emerade & expiry date: ..... It is the parents responsibility to supply 2 EMERADE auto injectors and to ensure they have not expired Dosage & Method: 1 DOSE INTO UPPER OUTER THIGH The school staff will take all reasonable steps to ensure ......does not eat any food items unless they have been prepared / approved by parents It is the schools responsibility to ensure this care plan is reviewed and parents inform the school of any changes in condition or treatment. I agree that the medical information contained in this plan may be shared with individuals involved with my child's care and education. I give my consent for the school to administer my child's Emerade or the school held adrenaline auto-injector (if my child's pen is lost/forgotten or malfunctions) to be administered in an emergency as detailed in this plan Signed: Date Date

Template 4: Individual protocol for an Emerade adrenaline auto injector

I am the person with parental responsibility

#### Symptoms may include:

- Difficulty in swallowing / speaking / breathing
- Wheezy / irregular breathing / excessive coughing
- Hoarseness
- Nettle rash (hives) anywhere on body
- Sense of impending doom
- Swelling of throat and mouth
- Abdominal pain, nausea & vomiting
- Feeling of weakness (BP drops)
- Collapse & unconsciousness
- Cold and clammy

#### **Stay Calm**

Reassure.....

One member of staff to **Dial 999** 

**REMEMBER** 

**Give EMERADE first** 

then dial 999

**Administer Emerade** 

in the upper outer thigh

Remove cap protecting the needle

Hold Emerade against upper outer thigh and press it against patients leg. You will hear a click when the adrenaline is injected.

**Hold Emerade in place** 

for 10 seconds.

Can be given through clothing, but not very thick clothing.

#### **Call Parents**

Reassure

#### Telephoning for an ambulance

You need to say: "I have a child in anaphylactic shock".

Give school details:

Give details: Childs name has a severe allergy and what has happened.

DO NOT PUT THE PHONE DOWN UNTIL YOU ARE SURE ALL THE NECESSARY INFORMATION HAS **BEEN GIVEN** 

Someone to wait by the school gate to direct the ambulance staff straight to the child.

Template 5 : Inc	divid	ual protoc	ol for a	an Epipen	adre	naline aut	<u>o inje</u>	ector_
CHILD'S NAME								
D.O.B								School use attach
Class								photo here
Nature of Allergy:								
Contact Information								•
Name						onship to		
Phone numbers	Work		Home		pupil Mobile		Other	
If I am unavailable pl	_	contact:	1101110		Widelie		Outlot	
Name					Relation pupil	onship to		
Phone numbers	Work		Home		Mobile		Other	
<u>GP</u>				Clinic/ Ho	spital C	<u>Contact</u>		
Name:				Name				
Phone No:				Phone No:				
Address:				Address:				
MEDICATION EPIPE	N							
Name on EPIPEN & E	xpiry da	ate:						
<ul> <li>It is the pare expired</li> </ul>	nts re	sponsibility t	to supply	/ 2 EPIPEN a	auto inj	ectors and t	o ensu	re they have not
Dosage & Method: 1	OSE II	NTO UPPER C	OUTER TH	IIGH				
<ul> <li>The school s food items u</li> </ul>								. does not eat an
<ul> <li>It is the school of an</li> </ul>					olan is r	eviewed and	d paren	its inform the
Agreed by: School F	Repres	entative				Date		
I agree that the second s	he me	edical inform	ation cor	ntained in th	is plan	may be sha	red wit	h individuals
<ul><li>involved wit</li><li>I give my co auto-injecto emergency a</li></ul>	nsent i r (if my	for the school y child's pen	ol to adm is lost/fo	ninister my c				ol held adrenalind istered in an
Signed:  I am the person with parenta			name		Dat	te		

#### Individual protocol for using an Epipen (Adrenaline Auto injector)

#### **Symptoms may include:**

- Difficulty in swallowing / speaking / breathing
- Wheezy / irregular breathing / excessive coughing
- Hoarseness
- Nettle rash (hives) anywhere on body
- Sense of impending doom
- Swelling of throat and mouth
- Abdominal pain, nausea & vomiting
- Feeling of weakness (BP drops)
- Collapse & unconsciousness
- Cold and clammy

#### Stay Calm

Reassure .....

One member of staff to Dial 999

REMEMBER

#### **Give EPIPEN** first

then dial 999

## Administer Epipen in the upper outer thigh

Remove grey safety cap

Hold epipen with black tip downwards against thigh

jab firmly.

Hold epipen in place

for 10 seconds

Can be given through clothing, but not very thick clothing.

#### **Call Parents**

Reassure

#### Telephoning for an ambulance

You need to say: "I have a child in anaphylactic shock".

Give school details:

**Give details:** Childs name has a severe allergy and what has happened.

DO NOT PUT THE PHONE DOWN UNTIL YOU ARE SURE ALL THE NECESSARY INFORMATION HAS BEEN GIVEN

Someone to wait by the school gate to direct the ambulance staff straight to the child.

Template 6 : In	dividual p	rotocol for an Je	ext pen adre	enline au	to inject	tor
CHILD'S NAME						
D.O.B			School use	attach		
Class			photo here			
Nature of Allergy:						
Contact Information						
Name			Relatio	nship to		
Dhana munah ana	Work	Home	pupil Mobile		Other	
Phone numbers If I am unavailable p			IVIODIIE		Other	
Name	nease contact		Relatio pupil	nship to		
Phone numbers	Work	Home	Mobile		Other	
GP Name: Phone No: Address: MEDICATION JEXT		Na Pho	nic/ Hospital C me: one No: dress:	ontact		
·	•	ibility to supply 2 JE			l to ensur	e they have not
Dosage & Method: 1	DOSE INTO U	PPER OUTER THIGH				
food items  It is the sch school of a	unless they hools respons ny changes i	e all reasonable step nave been prepared / sibility to ensure this n condition or treatn /e	/ approved by p s care plan is re nent.	parents eviewed and	d parents	inform the
involved wi  I give my co adrenaline a in an emerg	th my child's onsent for the auto-injector jency as deta	information contained care and education as school to administ (if my child's pen is billed in this plan.	er my child's J lost/forgotten	ext pen or t or malfunct	he school	l held

I am the person with parental responsibility

#### Individual protocol for using a JEXT Pen (Adrenaline Autoinjector)

#### **Symptoms may include:**

- Difficulty in swallowing / speaking / breathing
- Wheezy / irregular breathing / excessive coughing
- Hoarseness
- Nettle rash (hives) anywhere on body
- Sense of impending doom
- Swelling of throat and mouth
- Abdominal pain, nausea & vomiting
- Feeling of weakness (BP drops)
- Collapse & unconsciousness
- Cold and clammy

## Give <u>JEXT</u> pen first

## Then call 999 Administer in the upper thigh

Remove yellow cap, place black tip against upper outer thigh, push injector firmly into thigh until it clicks.

## Hold in JEXT Pen in place for 10 seconds.

Can be given through clothing, but not very thick clothing

Note time of injection given

## If no improvement give $2^{nd}$ JEXT Pen

#### **Call Parents**

#### **Stay Calm**

Reassure .....

One member of staff to Dial 999

#### **REMEMBER**

#### Telephoning for an ambulance

**You need to say:** "I have a child in anaphylactic shock".

Give school details:

Give details: Childs name has a severe allergy and what has happened.

 $\frac{\text{DO NOT PUT THE PHONE DOWN UNTIL YOU ARE SURE ALL THE NECESSARY INFORMATION HAS BEEN}{\text{GIVEN}}$ 

Someone to wait by the school gate to direct the ambulance staff straight to the child.

## Template 7: model letter inviting parents to contribute to individual healthcare plan development

Dear Parent/Guardian

#### DEVELOPING AN INDIVIDUAL HEALTHCARE PLAN FOR YOUR CHILD

Thank you for informing us of your child's medical condition. I enclose a copy of the school's policy for supporting pupils at school with medical conditions for your information.

A central requirement of the policy is for an individual healthcare plan to be prepared, setting out what support the each pupil needs and how this will be provided. Individual healthcare plans are developed in partnership between the school, parents, pupils, and the relevant healthcare professional who can advise on your child's case. The aim is to ensure that we know how to support your child effectively and to provide clarity about what needs to be done, when and by whom. Although individual healthcare plans are likely to be helpful in the majority of cases, it is possible that not all children will require one. We will need to make judgements about how your child's medical condition impacts on their ability to participate fully in school life, and the level of detail within plans will depend on the complexity of their condition and the degree of support needed.

A meeting to start the process of developing your child's individual health care plan has been scheduled for xx/xx/xx. I hope that this is convenient for you and would be grateful if you could confirm whether you are able to attend. The meeting will involve [the following people]. Please let us know if you would like us to invite another medical practitioner, healthcare professional or specialist and provide any other evidence you would like us to consider at the meeting as soon as possible.

If you are unable to attend, it would be helpful if you could complete the attached individual healthcare plan template and return it, together with any relevant evidence, for consideration at the meeting. I [or another member of staff involved in plan development or pupil support] would be happy for you contact me [them] by email or to speak by phone if this would be helpful.

Yours sincerely

## Template 8: Example letter to send to parent/guardian who has not provided an in-date inhaler or auto injector.

Please amend as necessary for the individual circumstances.

Dear (Name of parent)

Following today's phone call regarding (name of pupil)'s asthma inhaler/adrenaline auto injector, I am very concerned that in date medication has not been provided. You have confirmed on the Individual Protocol that (name of pupil) requires an inhaler in school and you have agreed to provide the medication. Please ensure that the following are provided without delay:

- an inhaler/ adrenaline auto injector
- a spacer

If (name of pupil) no longer requires an inhaler/auto injector, please inform the school in writing as soon as possible.

Please be aware that in the absence of in date medication, should (name of pupil) suffer an attack, and you have given your consent staff will administer the schools reliever inhaler/adrenaline auto injector. However if you have not given consent for the school reliever inhaler/adrenaline auto injector to be administered staff will not be able to follow suitable emergency procedures. They will be reliant on calling 999 and awaiting the Emergency Services.

Yours sincerely

#### Protocol for the administration of Paracetamol

- Paracetamol can be administered to children of any age, dose must be suitable for their age and weight
- Verbal parental consent must be gained during the day to administer paracetamol between the start of school day and 12pm. If the parents cannot be contacted paracetamol cannot be administered. Conversation with parent/guardian must be recorded.
- The school can administer paracetamol without additional parental consent on the day between 12pm and end of school day.
- If paracetamol is administered at any time during the school day parents will be informed of the time of administration and dosage.
- The school will keep records of the administration of paracetamol as for prescribed medication.
- Pupils must not bring paracetamol (or other types of painkillers) to school for selfadministration.

#### Use with caution:

- Liver problems
- Kidney problems
- Long term malnutrition
- Long term dehydration
- Epilepsy

#### **SIDE EFFECTS:**

- Allergic reaction rash, swelling difficulty breathing
- Low blood pressure and a fast heartbeat
- Blood disorders
- Liver and kidney damage (overdose)

#### Do not administer if the pupil is also taking any of the following drugs:

- Metoclopramide (relieves sickness and indigestion)
- Carbamazepine (treats a number of conditions including epilepsy)
- Phenobarbital or phenytoin (used to control seizures)
- Lixisenatide used to treat type 2 diabetes)
- Imatinib used to treat leukaemia
- Other drugs containing paracetamol e.g. Lemsip, Sudofed, Feminax



# Administering Medicines Templates

## Supporting pupils with medical conditions

## September 2017

Contents	page
Template A – Pupil Health Information Form	3
Template B – Parent/guardian consent to administer short-term non-prescribed 'adhoc' medicines	5
Template C – Parental consent to administer medicine	6
Template C1 – Individual protocol for non-prescribed medication	7
Template D – Record of medicine administered to an individual child	9
Template E – Record of medicine administered to all children	10
Template F – Staff training record – administration of medicines	11
Template G – Contacting the emergency services	12
Template H Consent to administer non-prescribed medication on a school trip	13

## St Nicolas and St Mary CE Primary School Template A - Pupil Health Information Form

This information will be kept securely with your child's other records. If further information is needed we will contact you. Please do not hesitate to contact the school if there are any issues you wish to discuss.

Childs Name	D.O.B
Gender	Year/Tutor Group

Please complete if applicable

Has your child been diagnosed with or are you concerned about any of the following:

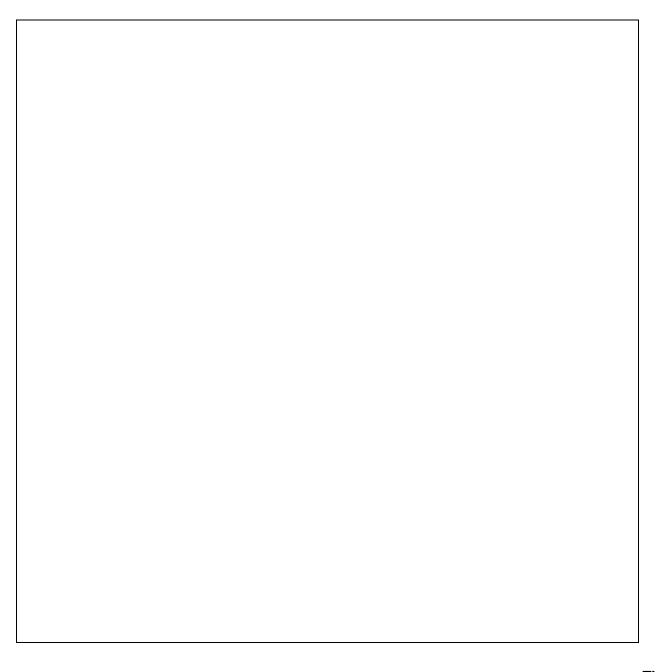
Condition	Yes	No	Medication
Asthma			
NB:Parents of pupils with mild asthma must also sign an asthma			
protocol form (template 2 in Appendix 1) available from the school			
Allergies/Anaphylaxis			
NB:Parents of pupils prescribed an auto injector must also sign			
The relevant auto injector			
protocol form (template 3, 4, 5 in Appendix 1 or available from the school)			
Epilepsy			

Diabetes		

Is your child taking regular medication for any condition other than those listed on the previous page – continue on a separate sheet if necessary.

Condition	Medication, emergency requirements					

Please use the space below to tell us about any other concerns you have regarding your child's health, continue on a separate sheet if necessary:



Thank you

#### St Nicolas and St Mary CE Primary School

## Template B - Parent/guardian consent to administer short-term non-prescribed 'ad-hoc' medicines

The school will not administer medication unless this form is completed and signed. This information will be kept securely with your child's other records. If further information is needed we will contact you. Please do not hesitate to contact the school if there are any issues you wish to discuss.

Pupils Name	D.O.B	
Gender	Year/Class	
The Medicines Policy permits the school to ac develops the relevant symptoms during the sc age and weight. You will be informed when th a small stock of the following medicines:	chool day. Pupils will be given a st	andard dose suitable to their
Paracetamol		
Anti-histamine		
Tick the non-prescription medications above the school day and confirm that you have administive keep the school informed of any changes to the	tered these medications in the past	
Signature(s) Parent/Guardian		 Date
Print name		

#### St Nicolas and St Mary CE Primary School

#### Template C - Parental consent to administer medication (where an Individual

Healthcare Plan or Education Healthcare Plan is not required)

The school will not give your child medicine unless you complete and sign this form.

Last date medicine to be administered	
Name of child	
Date of birth	
Group/class/form	
Medical condition or illness	
Medicine	
Name/type of medicine (as described on the container)	
Expiry date	
Dosage and method	
Timing	
Special precautions/other instructions	
Are there any side effects that the school/setting needs to know about?	
Self-administration – y/n	
Procedures to take in an emergency	
NB: Medicines must be in the original contain instructions and/or Patient Information Leaflet	er as dispensed by the pharmacy and the manufacturer's (PIL) must be included
Contact Details	
Name	
Daytime telephone no.	
Relationship to child	
Address	
I understand that I must deliver the medicine personally to:	the school office

The above information is, to the best of my knowledge, accurate at the time of writing and I give consent to school staff administering medicine in accordance with the school policy. I confirm that this medication has been administered to my child in the past without adverse effect. I will inform the school immediately, in writing, if there is any change in dosage or frequency of the medication or if the medicine is stopped.

Signature(s) Date

If this is a request to administer non-prescribed medication, please work with the school to complete Template C1 on the reverse of this form

## Template C1 - Individual Protocol for non-prescribed medication

#### This form should be completed in conjunction with Template C - parental consent

Under exceptional circumstances where it is deemed that their administration is required to allow the pupil to remain in school the school will administer non-prescription medicines for a maximum of 48 hours.

Date (requirement reviewed daily)	Time last dose administered at home as informed by parent/guardian	Dosage given in school	Time	Comm	nents	
Day 1						
Day 2						
3 main side effec	ts of medication as	detailed on r	manufacturer	's instructio	ons or PIL	_ ]
1.	2	2.			3.	
mentio manufactur reaction or if	ned above or an rer's instruction it is suspected	ny other si ns and/or I that the ch	gns of rea PIL this m nild has tal	ction as or ight be a ken too m	e signs or symptoms detailed on the sign of a negative nuch medication in a parent/guardian(s).	
d's care and edo n aware that eac	ucation.	rm the scho	ool when I la	st adminis	red with individuals involved stered the medication and the ered by text.	

#### Template D: Record of medicine administered to an individual child

Name of school		St Nicola	as and St Mary CE Prima	ary
Name of child				
Date medicine provided by pare	ent			
Year Group and Class				
Quantity received				
Name and strength of medicine	e			
Expiry date				
Quantity returned				
Dose and frequency of medicin	ie			
Staff signatureSignature of parent				
Date				
Time given				
Dose given				
Controlled drug stock				
Name of member of staff				
Staff initials				
Witnessed by				
•				
Date				
Time given				
Dose given				
Controlled drug stock				
Name of member of staff				
Staff initials				
Witnessed by				

#### D: Record of medicine administered to an individual child (Continued)

Date			
Time given			
Dose given			
Controlled drug stock			
Name of member of staff			
Staff initials			
Witnessed by			
Date			
Time given			
Dose given			
Controlled drug stock			
Name of member of staff			
Staff initials			
Witnessed by		L	L
Date			
Time given			
Dose given			
Controlled drug stock			
Name of member of staff			
Staff initials			
Witnessed by	L	L	L
Date			
Time given			
Dose given			
Controlled drug stock			
Name of member of staff			
Staff initials			
Witnessed by			

#### • Template E: record of medicine administered to all children

Name of school St Nicolas and St Mary Primary School

Date	Child's name	Time	Name of medication	Dose given	Any reactions	Signature	Print name	Comments

#### • Template F: staff training record – administration of medicines

Training can also be recorded on a matrix, in SIMS or similar database or using this form.

Name of school/setting	
Name	
Type of training received	
Date of training completed	
Training provided by – print name and signature	
Refresher/update training date	
Profession and title	
I confirm I have received and understood the above training	signature
Additional training:	
Type of training received	
Date of training completed	
Training provided by – print name and signature	
Refresher/update training date	
Profession and title	
I confirm I have received and understood the above training	signature
Type of training received	
Date of training completed	
Training provided by – print name and signature	
Refresher/update training date	
Profession and title	
I confirm I have received and understood the above training	signature

#### • Template G: contacting emergency services

Request an ambulance - dial 999, ask for an ambulance and be ready with the information below. Speak clearly and slowly and be ready to repeat information if asked.

1.	telephone number		
Sch	ool telenhone		

2.	your location as follows [insert school/setting address]
Sch	ool address

3. state what the postcode is – please note that postcodes for satellite navigation systems may differ from the postal code

#### **Postcode**

4. inform Ambulance Control of the best entrance to use and state that the crew will be met and taken to the patient

Best entrance is:

- 5. your name
- 6. provide the exact location of the patient within the school setting
- 7. provide the name of the child and a brief description of their symptoms
- 8. put a completed copy of this form by the phone

Template H – Consent to administer non-prescribed medication on a Residential Visit

The school will not administer medication unless this form is completed and signed. This information will be kept securely with your child's other records. Whilst away if your child feels unwell the school staff may wish to administer the appropriate non-prescription medication.

Please do not hesitate to contact the school if there are any issues you wish to discuss.

Pupils Name	D.O.B
Gender	Year/Tutor Group
standard dose suitable to their age and weig	during the residential visit, with your consent they will be given a ht of the appropriate non-prescribed medication. If symptoms ecessary the emergency services called. You will be informed n on our return by text.
The school will hold a small stock of the follo  Paracetamol  Anti-histamine	wing medicines:
	above that you give your consent for the school to administer
age and weight in its original packaging with	sickness medication please supply medication suitable for their the patient information leaflet.
	above to be administered by the school and I confirm I have hout adverse effect. Please keep the school informed of any
Signature(s) Parent/Guardian	 Date
Print name	