

All at sea?

Well-being information for staff



As a trust we recognise the importance and value of all of our staff. We aim to be a mutually supportive community and help colleagues who are going through tough times.



Colleagues: Talk to a colleague, a member of your school's leadership team, trade union or church contact. You can also contact the trust: David Etherton, CEO david.etherton@boat.academy



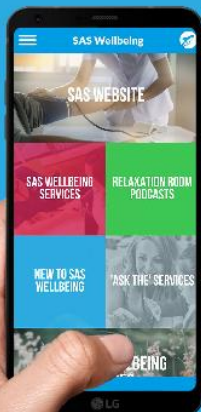
Education Support – dedicated to supporting the mental health and wellbeing of teachers and education staff. They offer immediate, confidential advice, counselling and coaching. They also offer grants help to manage short-term money worries. Tel: 08000 562 561 Web: www.educationsupport.org.uk

Samaritans – Free and confidential helpline 24/7 Tel: 116 123 Web: www.samaritans.org



Support Your Physical & Mental Wellbeing

Confidential wellbeing support complimentary to your SAS insurance at no additional cost to you or your school.



How to Access

Download the Wellbeing App now at schooladvice.co.uk or via the Apple/Android store. Once downloaded click onto the relevant service you require to access more information.

Download our app from...



Medical Operations Enquiries - 01773 814403
Cancer & Nurse Support Service - 01773 814404
Counselling - 01773 814402
Physiotherapy - 01773 814403
24 hour GP helpline - 0845 4031037

Pupil Wellbeing Services
01773 814 095

Pupil Wellbeing Services are also complimentary to your SAS insurance. Contact your policy administrator to enquire accessing support for your pupils.

Trigg House, 11 Maisies Way, South Normanton, Derbyshire, DE55 2DS

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Terms and conditions apply. Contact SAS for more details.

Please note: Due to current COVID-19 some of these services are subject to restrictions. For more information, please speak to our wellbeing team.

